

Lindsays scottishathletics National Cross Country Championships
Callendar Park, Falkirk, FK1 1SY
Saturday 25th February 2023

PARKING

Parking, including coach parking, is at Graeme High School, with overflow parking at the business centre at the east end of Callendar Park and at the west end of Callendar Park (see course map). Please car share if possible.

The school car park will CLOSE at 5pm, so please ensure that you pick up your car before then.

Do not park near the high flats: parking there is for residents only.

CHIP DISTRIBUTION

Opens 930am for all races in the registration marquee by Callendar House (First Race 11am). Team managers with lots of chips to collect may consider bringing a bag or box to carry all of their envelopes.

Team Managers should collect only the envelopes for athletes who are competing.

CHIPS

There is a separate envelope for each athlete containing:

- Timing Chip
- Athlete's number

Results are by chip timing. The chips being used this year are disposable and do not need to be removed and collected at the finish. If an athlete does not have a chip on their shoe, they will not appear in the results: **NO CHIP = NO RESULT.**

Under 17 Women and Under 20 Women will wear YELLOW numbers.
 All other athletes will wear one WHITE number on the front.

FACILITIES

There will be **NO** changing or toilets in Graeme High School. There will be toilets and catering units available at the course.

If your club is bringing a tent or gazebo, please read the advice information on the event page.

PRESENTATIONS AND RESULTS

Individual presentations will take place immediately after each race. Team presentations will take place on the course as soon as results are available.

Results will be displayed at the course after each race and posted on the **scottishathletics** website.

Team Scoring (No. of athletes to count)	
6	Senior Men
6	Senior Women
4	U13 Girls/Boys Under 15 Girls/Boys U17 Men U20 Men
3	U17 Women U20 Women